# **14-Day Food Supply Planner**

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| --- | --- | --- | --- |
| Family/Group Name |  | Date |  |
| # in Household |  | # over age 7\* |  |

* As a rule of thumb, children under age 7 eat ½ of an adult portion

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| --- | --- | --- | --- | --- |
| Day of Week | Meal | Food Item | Amount of item | Price |
| DAY 1 | Breakfast |  |  |  |
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| NOTES: |
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| Day of Week | Meal | Food Item | Amount of item | Price |
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| NOTES: |
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