

EMERGENCY PERSONAL HYGEINE ITEMS

*Shopping List*

- Bars of soap
- Liquid hand soap
- Alcohol-based hand gel
- Baby wipes
- Extra shampoo & conditioner
- Baby powder
- Dry shampoo
- Extra tooth paste
- Extra tooth brushes
- Extra dental floss
- Baking soda
- Peppermint essential oil
- Stevia
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_